

Contact the Minister **Rev Simon Helme** 07443 568 242 01453 542 344 minister@dursleytab.org.uk



Let us hear the transforming words of Your heart, Lord, deep down in our own hearts; Your wisdom and truth, as day by day You love and guide us.

This we pray, as step by step, breath by breath, and thought by thought, we thank You that You fill us with the glorious and inexhaustible light of Your Holy Spirit that renews our minds and opens our hearts; that we can give freely of the love, witness and wisdom you have given us into a world that is so often cruelly deceived in darkness.

This we pray in Jesus' name, Amen

#### Christian Aid Week

Many thanks to everyone who collected for Christian Aid this year for the work in Bangladesh flood proofing homes. See the July edition of Tab News for collection total. Thank you also for those who provided soup lunches on May 17<sup>th</sup> at the Methodist church and for those who supported this, we raised £132.00

Congratulations to Claire, Indigo and Liz who raised £250.00 with their sponsored walk for Christian Aid. This will be enough money to build a raised platform for a family home in Bangladesh.

#### Tab Maintenance

The Tab is looking for a person to undertake regular maintenance checks and jobs around the Tab site. There is funding available for about two hours a week, £100 a month. If you are interested in this position then please contact Martin Pearcy, our property Elder. Tel: 01453 890 818 pearcys@clannet.co.uk

#### Tab First Aid Course

Dursley Tabernacle is running a fully certified three day First Aid at Work course (equivalent to a Level Three NVQ) on June 9th, 10th and 13th (Thursday, Friday and Monday).

This course covers many important issues such as recognition and response to strokes, chest pain and heart attacks, anaphylaxis, low blood sugar and asthma.

Anyone interested should email Carole Allen at caroleallen28@gmail.com

# **NEW MEMBERS**

Reception of new members will take place during the service on Sunday 3rd July

# **DON'T FORGET**

The Giving Machine!! Free money! www.thegivingmachine.co.uk

Tab gets £££ for free each time you shop on the internet...got to be worth a try!



# **COFFEE & CAKE**

Donations would be welcomed for the Tab coffee morning on Saturday 25th June

Chat to Gloria :)

#### JUNE CALENDAR

Thur 2nd	Area meeting of			
	Gloucestershire URCs 2pm			
Tue 7th	Prayer Group	9.30am Chapel		
Thur 9th	Elders Meeting	7.30pm		
Sat 11th	Wedding of Aimee	& Lloyd		
	12.00pm			
Sun 12th	Dursley Youth To	gether		
	6-8pm Vibe			
Tue 14th	Prayer Group	9.30am Chapel		
Tue 14th	Christian Mindfulness 7.30pm			
Sun 19th	Dursley Youth Together			
	6-8pm Vibe			
Tue 21st	Prayer Group	9.30am Chapel		
Tue 21st	Christian Mindfu	<b>Iness</b> 7.30pm		
Sat 25th	Coffee morning	10.00am		
24th-26th	Tab Weekend at	Sheldon		
	'Let Justice Flow	/		
Sun 26th	NO Dursley Yout	h Together		
Tue 28th	Prayer Group	9.30am Chapel		
Tue 28th	Christian Mindfu	<b>Iness</b> 7.30pm		

Prayer Ministry Course: If you are interested in joining our prayer ministry team, a training course will be held soon. Please speak to Simon

## SUNDAY WORSHIP

Sun 5th June 10.30am Communion Service led by **Rev Simon Helme** Theme: Letters to a friend Readings: 2 Timothy 1.3-10; 3.14-17

Sun 12th June 10.30am led by Rev Simon Helme Theme: Let's praise God Readings: Psalm 95; Colossians 3.15-17

Sun 19th June 10.30am led by Rev Simon Helme Theme: Mercy on a city Readings: Jonah 1 & 2

Sun 26th June 10.30am led by Brian Lammings

#### Next Church meeting will be Sunday 17th July after morning worship

#### SUNDAY SCHOOL ANNIVERSARY

This years anniversary will take place on Sunday 10th July after morning worship. Garden party and games for all ages on the Recreation Ground.



FOR TAB NEWS

SHOULD BE GIVEN OR

**EMAILED TO** 

EMMA IRVINE BY

THE 3<sup>RD</sup> SUNDAY

IN EACH MONTH

Tab Family Cafe Everv Wednesdav morning 10-1 Volunteers always welcomed. especially at 1pm to

help clear up!

# DEWS 2016

# Children's Bible Holiday Club

Will Barratt is looking to pull together a primary age Bible Holiday Club this summer for three days on Tuesday 26th, Wednesday 27th and Thursday 28th July from 9.30am - 12 noon

Will is starting a period of paternity leave at the beginning of June and is prepared to take the lead in organising the club if we can get enough leaders together.

#### We will need:

- Two people willing and able to play the front roles - the comedy double act as performed variously by Phil, Emma and Simon in previous years.
- Someone to organise the sports and helpers
- Someone to organise the crafts and helpers
- Someone to manage the Audio Visual equipment
- Teenagers to coordinate and perform the drama
- Someone to organise the refreshments
- A First Aider
- Six team leaders
- Miscellaneous helpers
- Registration and security staff
- Safeguarding Officer
- Publicity Officer

If you are willing to be a part of the team, please could you reply to Carole Allen **caroleallen28@gmail.com** or Will Barrett tel: 297 613 wmbarrett60@hotmail.com

#### Church House Groups

Church house groups will continue through June and July, meeting to share in friendship, faith and study. Various groups are available during the week. See Church website for up to date arrangements or contact the various group leaders below: **Monday evening** Martine Carter 07891 286 356 **Tuesday evening** Heidi Horn 07970 871 471 or John Palmer 542 381 **Wednesday evening** Peggy Tresise 543 161 **Thursday afternoon** 

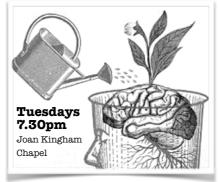
Shirley Welsh 543 549

## Christian Mindfulness

Mindfulness and its emphasis on attention and awareness has been very popular in recent years for helping people who are stressed or depressed or just needing to relax and become more present to their thoughts and feelings.

In this approach Simon Helme will show how biblical awareness and attention overlaps with secular mindfulness and has distinctives.

Transformation will come with the practice of being filled with the awareness of the presence of God. The sessions will include some practical meditations. See Simon for further details.



## CHURCH FLOWERS

Donations of money are required towards the cost of flowers in the church each week.

Please see Ronnie if you can help FLOWERS FOR MAY WERE KINDLY GIVEN BY Iain Hearn, Gladys Marriott, Enid Fullard, Joyce Longman, Sally Larkham, Val Smith Thank You

#### Tab Meal

It's been a while since we gathered together for food and fellowship. If you're interested in eating together on **12th June** after morning worship, please let Emma or Karen know by Sunday 5th June.

Numbers are limited so let us know if you'd like to join us. Donations welcomed.

Simple food, fine fellowship

#### **TLS** Courses

The URC's Training for Learning and Serving (TLS) continues to provide opportunities for learning and development through its one year courses in worship, pastoral care, prayer, other religions, community work and evangelism http://www.urc.org.uk/media-news/2013-tls-enrolment.html

## TAB HOLIDAYS

#### Pilgrimage to the Holy Land 5-12th November 2016

Led by Simon Helme, open to the Tab and friends, organised by Worldwide Christian Travel (You can see more at their website: https://www.christian-travel.com/).

#### Price £1340

Possible Bursary Fund for Pilgrimage to the Holy Land 5-12th November. We hope we might be in a position to offer a bursary fund for those who would like to go on the pilgrimage but for whom the cost may be prohibitive. If support from a bursary fund would help you please speak to Simon Helme in confidence. If you would like to contribute to the Bursary Fund please speak to Simon

#### Summer Meeting of the Spirituality Network Saturday 18<sup>th</sup> June 10am to 3pm St Andrews Church, Churchdown Cost £12.00

A Day of Prayer and Reflection led by **Rev Canon Mark Oakley.** More information or tickets, contact Penny Lidstone 01452 741 410 penny@lidstone.net

The Bishop of Gloucester, Right **Rev Rachel Treweek** will lead the next day on Saturday 22<sup>nd</sup> October at Sacred Hearts Hall, Charlton Kings.

Contact Pauline	Green 0	01454 311	936 p	ogreen@clara.net
-----------------	---------	-----------	-------	------------------

FURY + TAB TRIBE	Jun 5th	Jun 12th	Jun 19th	Jun 26th
TAB TRIBE LEADER	E Irvine	J Pritchard	A + G Blackburn	B Spears
HELPER 1	A Carter	E Mellerup	A Lamming	A Moirez
HELPER 2	L Hecht	K Tearle	E Irvine	G Pritchard
Fury Leader		Z Avastu	Z Avastu	R Irvine
Fury Helper		H Horn	G Moir	

ROTAS	Jun 5th	Jun 12th	Jun 19th	Jun 26th
DUTY ELDER	W Barrett	M Pearcy	G Strutt	R Irvine
VESTRY ELDER	R Harding	D/C Allen	K Palmer	W Barrett
1ST READING	G Watts	M Welsh	D/C Allen	K Palmer
2ND READING	V Watts	S Welsh	G Moir	J Palmer
AUDIO DESK	A Spears	R Irvine	C Welsh	D Allen
FLOWER ARRANGER	G Pritchard	D Baldwin	С Вуе	R Harding
FLOWER DISTRIBUTOR	R Harding	E Fullard	M Sweeting	H Green
WELCOME TEAM	C Purnell M Barnes	K Palmer J Palmer	S Welsh M Welsh	l Hearn M Carter
PRAYER TEAM	J Pritchard J Perrin	M Carter H Green	G Strutt J Perrin	P Tresise E Jones
COFFEE ROTA	S Woods C Smith	A Lamming B Lamming	G Pritchard M Pritchard	R Swanwick G Jenkins
COMMUNION PREP	S Larkham			
COMMUNION SERVERS	H Greer			

COMMUNION SERVERS H Green, M Carter,